

AUTISM



SUPERHEROES!

Autism affects around 1 in 100 children, those who attend mainstream schools can benefit greatly from staff and peers who understand and know how to respond to their needs.

This book is aimed at raising awareness of autism amongst key stage 2 pupils in mainstream primary schools.

After reading this book, children can sign up to be an Autism Superhero, and receive an Autism Superhero Certificate online by visiting:

www.ASDinfoWales.co.uk/superhero

This resource forms part of the whole school autism awareness raising programme, 'Learning with Autism'.

More information about the programme and additional resources can be found at:

www.ASDinfoWales.co.uk

This book was written by Johanna Manikiza, National ASD Development Lead, and illustrated by Amy Moffitt

MEET THE...

AUTISM



THEY KNOW THAT KIDS WITH AUTISM ARE AWESOME, AND CAN HAVE REALLY COOL TALENTS, OR KNOW LOTS OF REALLY COOL STUFF!

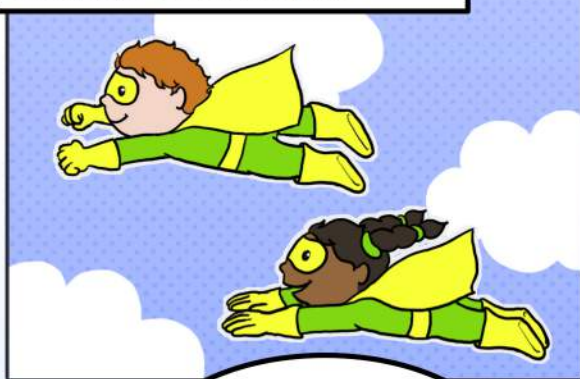
SUPERHEROES!

SOME KIDS ARE MEAN TO KIDS WITH AUTISM....



...BUT AUTISM SUPERHEROES ARE BRAVE AND STRONG, AND MAKE SURE THAT KIDS WITH AUTISM ALWAYS HAVE FRIENDS!

HAVE YOU EVER WANTED TO
BE A SUPERHERO?...



...MEGAN AND DYLAN WANT
TO BE SUPERHEROES



SO WE'RE GOING TO
SHOW THEM HOW!

SO REMEMBER,
CHANGING HOW YOU
ACT WILL HELP KIDS
WITH AUTISM

AND YOU
MUST NEVER
BE MEAN!



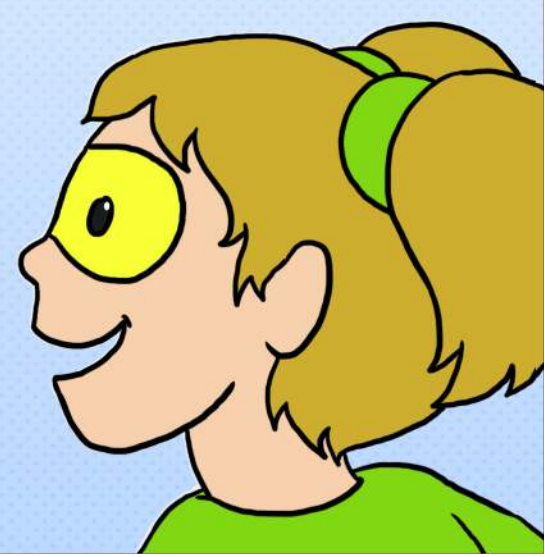
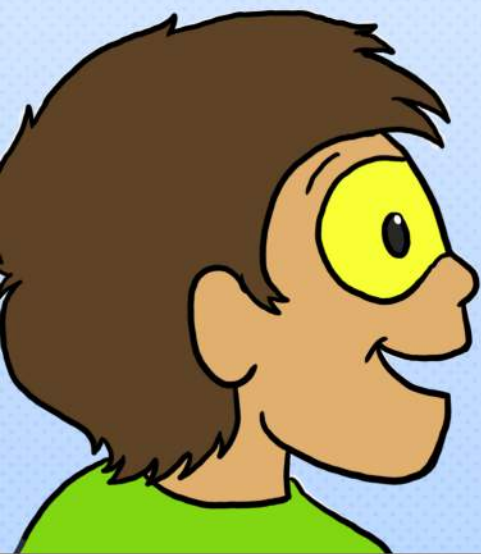
HERE, TAKE
ONE OF OUR
PHONES EACH!



IF YOU EVER
NEED OUR HELP,
JUST CALL



GOOD LUCK,
SUPERHEROES!





MOMENTS LATER...

LOOK! THERE HE IS, AT THE SKATE PARK!



HI DYLAN!

OH! THEY'RE HERE!

WHAT CAN WE DO?

I ASKED MY FRIEND IF HE WANTED TO HANG OUT WITH US

HMM...

I THINK HE THOUGHT YOU WERE GOING TO LITERALLY HANG OUT!

NO, NO! I MEANT DOES HE WANT TO SKATE WITH US!

I KNOW, BUT KIDS WITH AUTISM FIND IT CONFUSING WHEN YOU SAY THINGS THAT MEAN SOMETHING ELSE...

WRONG END OF THE STICK

MY HEAD IS SPINNING

HE'S COOL!

SO YOU SHOULD ALWAYS SAY EXACTLY WHAT YOU MEAN!

OH, I UNDERSTAND NOW!

I'LL ASK IF HE WANTS TO SKATE WITH US INSTEAD!

GOOD IDEA!

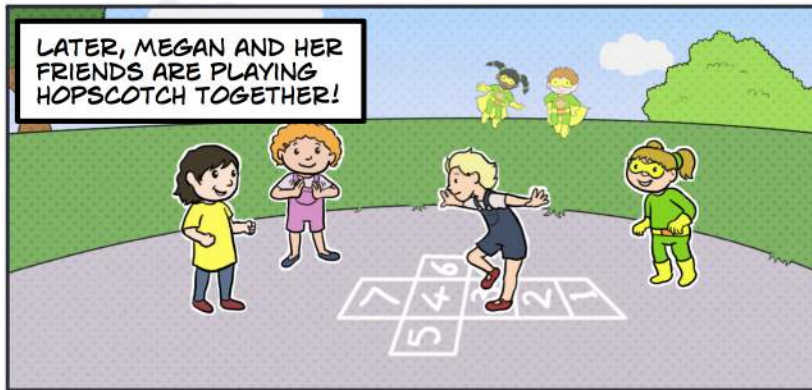
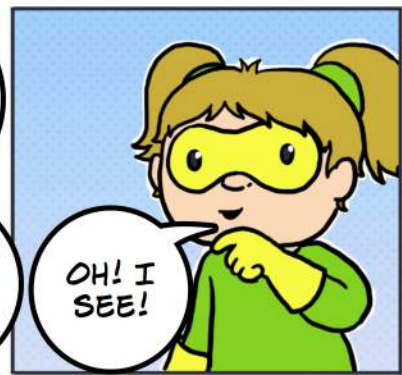
OUR HEROES HAVE SAVED THE DAY

OH! WE HAVE A NEW CALL!

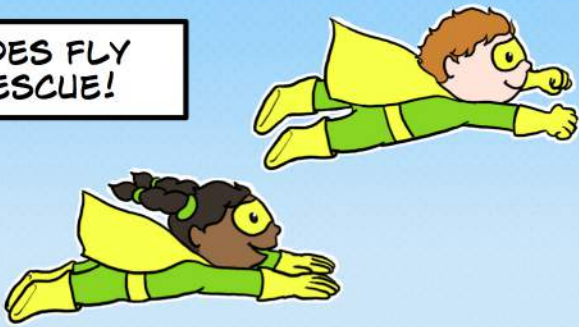
HELLO?

HI SUPERHEROES! I NEED SOME HELP!

DYLAN IS NOW PART OF THEIR FUN!



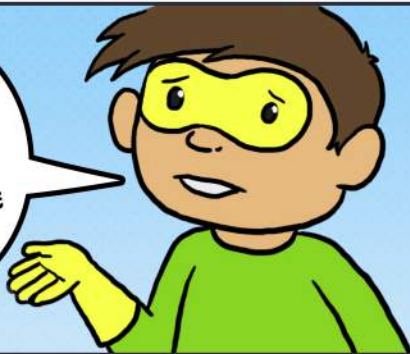
OUR HEROES FLY TO THE RESCUE!



OH! I'M SO GLAD YOU'RE HERE!



I WANTED ALEX TO COME TO MY BROTHER'S BIRTHDAY PARTY, BUT HE WON'T COME IN!



SOMETIMES KIDS WITH AUTISM HAVE MORE SENSITIVE SENSES

THIS MEANS THAT BRIGHT, NOISY, BUSY PLACES, LIKE PARTIES, OR THE SCHOOL CANTEEN, AS WELL AS NOISY CORRIDORS OR SPORTS DAYS, CAN BE HORRIBLE FOR THEM



THE 5 SENSES

SIGHT

TASTE

HEARING

SMELL



TOUCH

CHOOSE THINGS TO DO THAT ARE QUIETER, AND PLACES THAT DON'T HAVE STRONG SMELLS OR BRIGHT LIGHTS



WE COULD GO TO THE PARTY AFTER MOST OF THE KIDS HAVE LEFT, AND I CAN ASK MAM TO TURN THE MUSIC DOWN



THAT'S A GREAT IDEA!



LATER...

THAT'S BETTER, I BET ALEX IS MUCH MORE COMFORTABLE!



ANOTHER CALL! LET'S GO!



NOT LONG AFTER, AT MEGAN'S SCHOOL...



COME ON, ANNA!
COME OUT OF THERE!



NO, MEGAN!!



SOMETIMES SCHOOL CAN BE A SCARY PLACE FOR KIDS WITH AUTISM



IMAGINE YOU WERE BEING CHASED BY A DINOSAUR, WHAT WOULD YOU DO?

WELL....



I WOULD RUN AWAY



OR I WOULD HIDE



OR I WOULD KICK IT REALLY HARD!



THAT'S RIGHT

THAT IS WHAT KIDS WITH AUTISM DO WHEN THEY ARE SCARED



EXCEPT FOR THEM ASSEMBLY, NEW TEACHERS, OR NOISY KIDS CAN BE AS SCARY AS A DINOSAUR!



$2 + 1 = 3$
 $2 + 2 = 4$
 $2 + 3 = 5$



SO WHEN KIDS WITH AUTISM RUN AWAY, HIDE, SHOUT, OR KICK, IT USUALLY MEANS THEY ARE AFRAID OR WORRIED ABOUT SOMETHING



SO ANNA ISN'T BEING NAUGHTY, SHE IS JUST SCARED!

THAT'S RIGHT!

LATER...



