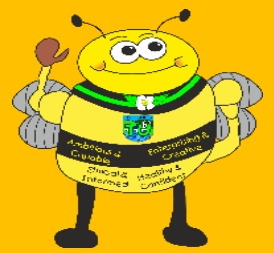


Tre Uchaf Times

Belong- Believe- Be the best you can be!



Theme next week: Holidays and staying safe

Dear Parents and Carers,

As we come to the end of another busy school year, I want to take a moment to reflect on the many experiences we've shared as a school community.

This year has been filled with exciting school trips, community events, and lots of learning in school and beyond. Our pupils have shone brightly in assemblies, singalongs, concerts, and shows, showcasing their creativity, confidence, and talent. We've also embraced important sporting, charity and well-being days, reminding us all of the value of kindness, and looking after one another.

I would also like to extend my heartfelt thanks to our dedicated staff, whose kindness, compassion and commitment make our school such a special place to belong. Every day, they nurture, guide and educate your children as though they were their own, showing endless patience, understanding and care.

When I first became Headteacher five years ago, I had a simple vision: to create a school where I would be proud and confident for my own family to learn and grow. If my children were still in primary school, I would want them to be a part of Tre Uchaf. I am immensely proud of everyone who helps to bring that vision to life each day and who make Tre Uchaf such a welcoming, supportive place for your children.

A sincere thank you to our governing body, whose guidance, support and encouragement have been invaluable throughout the year. Their steadfast commitment to our school and community has been second to none, and I am very grateful for the time they so generously give.

To our wonderful pupils—you are and always will be the heart of our school. Your curiosity, spirit, and joy make every day brighter. Watching you grow, learn, and support one another has been a true privilege. I am very proud of each and every one of you!

And to those children who are leaving us this year, whether moving on to secondary school or new adventures elsewhere: we are so proud of all you've achieved. Thank you for being you, the laughter, and the mark you've left on our school. We wish you every success and happiness in the exciting journey ahead—keep being brilliant, and never stop believing in yourselves. We *all* believe in you!

As we now look ahead to the summer holiday, I want to thank you all for your continued support.

Wishing you and your families a safe and restful holiday. We look forward to welcoming everyone back in September, ready for another exciting year ahead.

With warmest wishes,
Mrs Davies



Monday 20th July until Tuesday 4th August

If your child is attending Food and Fun, please use the main gate at the front of the school to enter and exit. This will be the only entrance and exit to be used to ensure our school site is secure.

Please make you close the gate when you leave the site.
Many thanks



Come and meet the teacher

Thursday 3 rd September at 3pm	Mrs Havard Dosbarth Dafodil Year 2/1
Thursday 3 rd September at 3pm	Mr Smith- Year 4
Thursday 3 rd September at 3pm	Ms Hawkins- Year 5
Thursday 3 rd September at 3pm	Mrs Davies Year 6



Tre Uchaf's Got Talent

The **winners** of this year's Tre Uchaf's Got Talent are **Jackson and Nancy**

2nd place- MFS- Maya, Freya and Sophia

3rd place- Amelie and Pria

Ardderchog pawb!

Well done to all our finalists. The judges had a very difficult decision to make and I am so glad it wasn't my decision. Remember we do this twice a year so please audition again in December.
Da iawn!



Support for families

Summer holidays can be a challenging time for families, juggling the kids being off school with work and other commitments, as well as managing money during what can be an expensive few weeks.

Did you know?

Working families, low-income families and families receiving a means tested or disability benefit may be entitled to money off their water bill.



We're here to help

Call us to talk through your options:
0800 052 0145

Visit us online for more information:
dwrcymru.com/supportwithbills

You could save up to £300 on your annual water bill.



Reports

You should have received your child's report this week. I love reading about their progress and strengths and it really highlights how well the staff know them! A lot of time and effort is put into these reports to make them as personal as possible so any feedback is always gratefully received.

Thank you for the comments so far and the lovely emails, cards and kind words. The staff and I really appreciate them.

Diolch yn fawr!



ABERTAWE
CHWARAEON AC IECHYD
SPORT AND HEALTH
SWANSEA

**Monday 27th July and
17th August**
**Early Years session
10am –11:00am**

Come along to a fun
session at the Collab
Station, St Davids, Swansea

For ages 2-7.
Movement skills, balance, co-
ordination, jumping, hopping
and lots more. There is even a
chance to have a go on our
balance bikes for a fun morning
aimed at parents, children and
child care settings.





@ChwaraeonAciechydAbertawe
@SportAndHealthSwansea



@ChwaraeonAciechydCA
@SportAndHealthSC



Pencil cases- A reminder

As you know, the school council are always looking at ways to save money and they would like to remind you about the children in Years 3-6 **could** bring their own pencil cases to school to use in class. They have set a list of things that would be useful.

Things that could be included:

- Black writing pens (**Not** gel pens or wet and inky pens like a fountain pen- more like a biro)
- Pencil
- Rubber
- Sharpener
- Coloured pencils or coloured felt pens (Not Gel Pens)
- Glue stick
- Coloured highlighter in green, orange or blue (Not yellow)
- Small ruler that fits inside the pencil case



Obviously this is optional and please don't feel that you have to send in a pencil case filled with the items above but it would be really helpful.

Please avoid very large pencil cases because there is only so much room on their desks!

Support available

Following the recent incident in Gorseinon, Swansea LEA are working to ensure that support is available for anyone who may be affected:

Community Support – Over the next two weeks, Council staff and partner organisations will be available at Gorseinon Library for anyone who would like information, advice, or a friendly conversation. Members of the Adult Safeguarding Team, Area Coordinators and Early Help staff will be on hand to listen, offer support, and help people access services if needed.

For young people – Over the next two weeks, extra support is available at Gorseinon Youth Hub for younger people who feel affected, including a safe space, walk and talks, youth club activities, and yoga.

The West Early Help Hub is currently open daily from **1.00 – 3.00pm** and Info-nation from **12.00 – 4.30pm** in the city centre. Info-nation are also open to young people on **Wednesdays from 6.00 – 8.30pm** for confidential conversations, support, and entertainment.

Other services available include:

- [Jac Lewis Foundation](#) – counselling, emotional support, trauma therapy, CBT, child and adolescent therapists, and family psychotherapists. Call 03301 336510 or email admin@jaclewisfoundation.co.uk
- [Swansea Mind](#) – mental health and wellbeing advice and support. Call **0300 123 3393**, text **86463**, or email info@mind.org.uk
- [Samaritans](#) – free confidential emotional support, 24 hours a day. Call **116 123** or email jo@samaritans.org
- [NHS Mental Health](#) – urgent mental health support for adults, children, and young people. Call **111** and select **Option 2**.
- [Platform](#) – mental health and wellbeing support. Call **01792 763350** or email connect@platform.org
- [2wish](#) – support for families affected by the sudden death of a child or young person. Call **01443 853125** or email info@2wish.org.uk
- [Sorted Supported](#) – online mental health and wellbeing resources for adults.
- [tidyMinds](#) – online mental health advice and support for young people.
- [NSPCC](#) – Guidance on distressing or violent online content and support for young people.
- [Swansea Veterans Hub](#) - available to offer MH support & professional signposting , wellbeing advice , drop-in centre just to have a free brew and speak to someone who will listen and understand. info@swanseaveteranshub.org.uk

Safeguarding and Child Protection

The child protection and designated safeguarding officer for our school is **Mrs Louise Davies**, the Head teacher. In her absence the deputy safeguarding lead is **Mrs Stephanie Edwards**. The Governor with responsibility for child protection and safeguarding is **Mrs Rachel Rees**, the Chair of Governors.

Foodbank support

If you find yourself needing some help during the holidays, please contact the duty number for foodbank support- 07815 534095

ASKING FOR HELP
IS A SIGN OF
STRENGTH,
BE BRAVE ENOUGH
TO DO IT.



Or Call
07815 534095



THESE ARE THE FOODBANKS WE HAVE
OPEN THROUGHOUT SWANSEA



Dates

20th July

Food and Fun starting for children in Year 1-5

Wednesday 2nd
September

Children return to school

**RECEPTION AND NURSERY PUPILS HAVE A STAGGERED
START SO PLEASE SEE INDIVIDUAL LETTERS FOR YOUR
CHILD'S START DATE!**